International Conversation Cafe

Lifestyle Topic: Beauty and Physical Attractiveness

Read through the following quotes and discussion questions.

<div align="center">Everything has beauty, but not everyone sees it. – Confucius</div>

What do you think Confucius meant by this statement?

When it comes to people, can you think of someone who may not be physically attractive, but has an inward beauty that overshadows their physical appearance?

Which is more important: physical beauty, intelligence, or wealth?

<div align="center">Beauty is only skin deep, but ugly goes clean to the bone. - Dorothy Parker</div>

What do you think this author is saying?

Are there any disadvantages to being "beautiful?"

Can you give some examples of how beauty has corrupted a person: made them proud or self - centered?

Do you think beauty affects success in life? If so, how?

Is beauty related to power? Can you think of anyone in power who is in a position of power that is not physically attractive?

Different cultures have different ideas about physical beauty and attractiveness.

Give some examples of what your culture considers beautiful in physical features.

What does your culture think about tattoos? What is acceptable or unacceptable?

What does your culture think about body piercings? What is acceptable or unacceptable?

Here are some popular idioms dealing with beauty and physical attractiveness.

(I've) got to go home and get my beauty sleep.- *Fig.* a phrase announcing one's need to depart because it is late.
"Sue: Leaving so early? John: I've got to go home and get my beauty sleep. Jane: I've got to go home and get my beauty sleep. Fred: Well, you look to me like you've had enough. Jane: Why, thank you."

Beauty is in the eye of the beholder.- *Prov.* Different people have different ideas about what is beautiful.
"Bob: I can't believe Ted bought that ugly old car. Fred: He loves it. Beauty is in the eye of the beholder. Jill: Have you seen Mary's pictures of her new baby? He looks pretty ugly, to my eyes. Jane: Beauty is in the eye of the beholder."

Beauty is only skin-deep.- *Prov.* A person who looks beautiful may not have a pleasing personality; a person's good looks may not last.
"Fred: I hope Nancy will go out with me. She's so beautiful! Jane: I hate to disappoint you, but in Nancy's case, beauty is definitely only skin-deep. Don't be so proud of your pretty face. Beauty is only skin-deep."

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