

International Conversation Cafe

Foxtrot English: Self Image

Game: Charade Race. Divide into teams of 5-10. Each team sends one person to the center of the room. The person in the center shows each team a word which they will then act out, without speaking, to the rest of their team. When someone from the team guesses correctly, that person will run to the center to receive the next word to act out. The first team to act out all the words sits down to indicate they have finished and are the winners. The list of words for each team may be grouped by themes such as sports, kitchen items, school supplies, or street signs.

Idioms: Read the following idioms and examples. Think up your own sentence using the idiom.

Appearances can be deceiving- things are not always as they seem. *Maria seems like she is not paying attention, but don't be fooled. She really is listening. Appearances can be deceiving.*

Keep up appearances- to make things look ok even if they are not. *Andre's is very sad because his father died. But he is keeping up an appearance by going to work each day.*

Make an appearance- to appear, as in a performance. *After waiting 30 minutes, the singer came on stage.*

Bible Lesson

All of us have a need to feel that we are significant, important and unique. We need to feel that we are needed and can help others in a meaningful way. When we feel that way, it helps us become happy.

Where do we get that sense of significance and purpose? Sometimes we feel this way because people around us value and believe in us. But ultimately, this sense of significance comes from God. Here is what David wrote as he considered God's value about him in Psalm 139.

For you created my inmost being;
you knit me together in my mother's womb.

I praise you because I am fearfully and wonderfully made;
your works are wonderful,
I know that full well.

My frame was not hidden from you
when I was made in the secret place,
when I was woven together in the depths of the earth.

Your eyes saw my unformed body;
all the days ordained for me were written in your book
before one of them came to be.

Define the new words in this Scripture.

What is knitting? Can you describe the motion of the needles and yarn?

What do you think it means when he says, "you knit me together in my mother's womb."

Describe the differences between people's appearance and personality. What do these differences suggest about God, since he planned us?

How can knowing God designed people help us accept other people, even those we dislike?

Most people have something about themselves they don't like, either physical characteristics or mental abilities or personality. How can knowing God designed you help you to accept yourself, even the parts you do not like?

Song You Knit Me Together in My Mother's Womb Psalm 139 Music and arrangement by Steve Green
<http://www.stevegreenministries.org>

You knit me together in my mother's womb

You knit me together in my mother's womb.

I praise you, I praise you,

You knit me together in my mother's womb.

Because I am fearfully and wonderfully made.

I praise you, I praise you,

Because I am fearfully and wonderfully made.

You knit me together in my mother's womb

You knit me together in my mother's womb.

I praise you, I praise you,

You knit me together in my mother's womb.

I praise you, I praise you,

You knit me together in my mother's womb.

<https://www.youtube.com/watch?v=SulhNGWb6FI&list=RDSulhNGWb6FI>

